

HOLY FAMILY SCHOOL

BREAKFAST MENU

GRAB-AND-GO BREAKFAST WILL BE THE SAME EACH WEEK

MONDAY

WHOLE GRAIN CEREAL BOWL
JUICE CUP
APPLESAUCE
WHITE MILK 1% OR SKIM

TUESDAY

WHOLE GRAIN MUFFIN
FRUIT CUP
APPLESAUCE
WHITE MILK 1% OR SKIM

WEDNESDAY

WHOLE GRAIN CEREAL BAR
FRUIT CUP
APPLESAUCE
WHITE MILK 1% OR SKIM

THURSDAY

WHOLE GRAIN BANANA BREAD
FRUIT CUP
APPLESAUCE
WHITE MILK 1% OR SKIM

FRIDAY

WHOLE GRAIN BLUEBERRY DONUT
JUICE CUP
APPLESAUCE
WHITE MILK 1% OR SKIM

MEAL TIMES

KINDERGARTEN

8:00-8:20 (M-F)
WILL EAT IN CAFETERIA

1ST GRADE

WILL EAT IN CAFETERIA
UNTIL OCT. 26: 8:00-8:20 (M-F)

BEGINNING OCTOBER 26

8:00-8:20 (M/T/W/F)
AFTER MASS (TH)

2ND GRADE - 6TH GRADE

WILL EAT IN CLASSROOM
8:00-8:20 (M/W/F)
AFTER MASS (T/TH)

NOTE

IF YOUR CHILD(REN) WILL NOT BE EATING
BREAKFAST AT SCHOOL, PLEASE MAKE SURE
THAT THEY ARE EATING SOMETHING AT
HOME AS WE WILL NO LONGER HAVE
SCHEDULED SNACKS OR MILK BREAKS
DURING THE DAY.

**TO GUARANTEE THE HEALTH AND SAFETY OF THE CHILDREN, HOLY FAMILY SCHOOL RESERVES THE RIGHT TO MAKE CHANGES TO THE WEEKLY BREAKFAST MENU AS NEEDED. ANY CHANGES WILL BE COMMUNICATED TO YOU.