HOLY FAMILY SCHOOL
BREAKFAST MENU

NOVEMBER 2026

Monday
Whole Grain Cereal
String Cheese
Go-Gurt
Apple Juice
Craisins
White Milk 1% or Skim

Tuesday
French Toast Sticks
String Cheese
Go-Gurt
Applesauce
Fruit Cup
White Milk 1% or Skim

Wednesday
Cherry Frudel
Graham Crackers
String Cheese
Fruit Cup
Applesauce
White Milk 1% or Skim

Thursday
Apple Cinnamon Muffin
Graham Crackers
Go-Gurt
Apple Juice
Craisins
White Milk 1% or Skim

Friday
Sausage/Pancake Bites
String Cheese
Go-Gurt
Fruit Cup
Applesauce
White Milk 1% or Skim

BREAKFAST MEAL TIMES

Regular Schedule
7:55 AM - 8:15 AM

Mass Day Schedule
- Breakfast will be served immediately following Mass.
- When kindergarten and 1st grade do not attend Mass, they will eat at the regular serving time (7:55 - 8:15)

NOTE: Students who eat breakfast need go directly to the cafeteria. They should not go to their locker or classroom before.

Important Notes
- If your child eats breakfast at school, please ensure they arrive with enough time to finish and get to class on time.
- If they do not eat at school, please make sure they eat prior to arrival, as we do not have snack break during the day.
- 2 Hour-Late Starts (Inclement Weather): Breakfast will NOT be served.

REQUIRED ITEMS

Fruit - At least 1/2 cup

+

Grain | Meat/Meat Alternative | Milk

Students must select at least one fruit
+
two other items